

# The Lamplighter

Virginia State Council

Epsilon Sigma Alpha International

Fall 2020 Edition

Editor: Sheen Childress

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## President's Message

I was so happy to see so many participants for our first ever VSC Zoom meeting. It was great to see faces and actually talk with you instead of just using email. Suzanne, I must thank you again for the beautiful installation. Members, she did this twice with the help of my awesome Executive Board. Once by Zoom in August at our EB retreat; and then put together all of the photos for another version for our meeting. Above and Beyond.....

Our Executive Board retreat was a very productive time. It allowed us all to socialize a little and then to work at becoming a team for this year. I want to thank each of them for taking the time to come as well as working hard to plan for the year. Each of you provides a little something different to the board which makes it extremely well rounded.

I want to share with you a couple of the topics that we covered; Workshop Coordinator and Publicity.

Workshop Coordinator: During IC Leadership in February it was noted that IC wished for the states to give the representatives a little more time on the

convention agenda beyond just the normal message. No Workshop Coordinator will be appointed this year so that any time that would have been allocated can be used by the IC and SERC representatives at the 2021 Convention.

Publicity: There is no longer a Publicity contest or award in Virginia and therefore no appointment was made. We believe that there is still a need for ESA to be recognized in our communities. In this age of ever growing and changing technology we should be able to market ourselves to those around us; especially people that we don't know or even casual acquaintances. Is this Facebook, probably; how about Instagram? Does anyone know of any online magazines that would like to do articles on "Good People who do Gook Works"? I would like to ask for a volunteer to take over the new Media/Marketing Coordinator position. If technology is your thing then let me know and we will support you in any way that we can as you build this appointment.

Don't forget articles for the President's Newsletter are due by October 1.

**Smile**, you just lifted someone's spirits.

Brenda Bowersox - VSC President



## Executive Board

President Brenda (now official, finally) presented each board member with a notebook with her logo, a matching pen, and a labeled water to start off the morning. Breakfast was so many homemade goodies, fruit salad, and lots and lots of coffee.

Lou Anne kicked off the morning with remaining business from her year, IC awards, and plans for the virtual Mini Convention.

Fun, games, discussions continued throughout the day led by Brenda with Beverley taking notes! And, of course, more snacks and coffee!

## Retreat Day!







Where did these come from????  
The end



## First Vice President-Diane McLane

Every year, I get a few flowers that "volunteer", one year a columbine grew right next to one of the oak trees, then I had Japanese irises grow around a stump across the yard from the ones I had planted. This year, I had a petunia and a canna lily. The canna lily was a particular surprise because I couldn't remember ever planting any like it in the yard. One of our major missions is "Good Works" and we saw how many we as an organization contribute to the good works. We need volunteers for the Executive and General boards to continue our mission as the Virginia State Council. I know that the new year just started, however, my thoughts now move forward, and March/May will be here all too quickly. Please be thinking about what you would like to do next year. Is there a VSC position that you've dreamed of doing? Then maybe the upcoming year would be the time to do that. I'm sending the "Willing to Serve" forms to be included in the Lamplighter, please fill it out and send it to me. I look forward to hearing from you.

Thanks, *Diane*



**CANDIDATE FOR OFFICE  
VIRGINIA STATE COUNCIL, ESA  
2021-2022**

Office, 1<sup>st</sup> Choice \_\_\_\_\_ 2<sup>nd</sup> Choice \_\_\_\_\_

Name \_\_\_\_\_ Member # \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Telephone Number (home) \_\_\_\_\_ (cell) \_\_\_\_\_

E-mail Address \_\_\_\_\_

Chapter Name and Number \_\_\_\_\_

**Qualifications:**

Number of years in ESA \_\_\_\_\_ Month annual dues are paid \_\_\_\_\_

Are you in good standing with your chapter? Yes / No

Are you in good standing with IC? Yes / No

Is your chapter in good standing with the VSC? Yes / No

Is your chapter in good standing with IC? Yes / No

Chapter Offices held \_\_\_\_\_

District Offices held \_\_\_\_\_

State Council Offices held \_\_\_\_\_

SERC/IC Offices held \_\_\_\_\_

Individual Awards (ESA & non-ESA related) \_\_\_\_\_

Other Qualifications \_\_\_\_\_

**Attendance (Number of each attended)**

Leadership Conference \_\_\_\_\_

State Convention \_\_\_\_\_

SERC Conference \_\_\_\_\_

IC Convention \_\_\_\_\_

**Miscellaneous:**

Will you be attending the Spring VSC Meeting? Yes / No

**Submitted by:**

Candidates Signature \_\_\_\_\_ Date \_\_\_\_\_

Chapter President's Signature \_\_\_\_\_ Date \_\_\_\_\_

Please mail or email to:  
Diane McLane  
11861 Wexwood DR  
North Chesterfield, VA 23236  
804-814-9699 (Cell)  
dianeESAva@gmail.com

**Deadline February 15, 2021**

**WILLING TO SERVE  
GENERAL BOARD APPOINTED POSITIONS  
VIRGINIA STATE COUNCIL, ESA  
2021-2022**

Name \_\_\_\_\_ Member # \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Telephone Number (home) \_\_\_\_\_ (cell) \_\_\_\_\_

E-mail Address \_\_\_\_\_

Chapter Name and Number \_\_\_\_\_

Number of years in ESA \_\_\_\_\_ Month annual dues paid \_\_\_\_\_

Are you in good standing with your chapter? Yes / No

Are you in good standing with IC? Yes / No

Is your chapter in good standing with the VSC? Yes / No

Is your chapter in good standing with IC? Yes / No

I am interested in serving the Virginia State Council of ESA in the following capacity:

1<sup>st</sup> Choice \_\_\_\_\_ 2<sup>nd</sup> Choice \_\_\_\_\_

3<sup>rd</sup> Choice \_\_\_\_\_

I would like to serve on a committee but prefer not to be a chairman. The committee I am interested in serving on is \_\_\_\_\_

Submitted by:

Candidates Signature \_\_\_\_\_ Date \_\_\_\_\_

Chapter President's Signature \_\_\_\_\_ Date \_\_\_\_\_

Please mail or email to:  
Diane McLane  
11861 Wexwood DR  
North Chesterfield, VA 23236  
804-814-9699 (Cell)  
dianeESAva@gmail.com

**Deadline February 15, 2021**

## **Second Vice President-Mindy Boyd**

Thank You all for giving me the opportunity to be your Second Vice President (Membership Director). As with previous and future leaders, membership is essential to maintain the existence of an organization. Question is how do we maintain and increase our membership?? It all begins with a simple conversation or introduction.

With Brenda's symbol of a hot air balloon, I thought too, that we can celebrate membership growth by releasing helium balloons at convention for each new member. With that being said let's aim for a beautiful bouget of such.

"Up, Up and Away"

So, let's start calling your friends, family, and my thought is MAL's. We actually have 115 MAL's throughout the state. Some are actually graduated students from JMU and VA tech. I will be making an effort to contact each chapter's president, and see what we can do to help them as I believe both colleges are virtual for now. Please feel free to contact me if needed.

Humbly yours; Mindy Boyd

## **VSC Corresponding Secretary- Bev Scott**

### **Installation of VSC 2020-2021 Officers**

I loved hosting the FIRST VSC Executive Board Retreat the weekend of August 14<sup>th</sup>! It had been far too long since my home here on Smith Mountain Lake had been filled with so much fun, fellowship, laughter oh, and FOOD!!! Fortunately, the entire membership of the board was able to attend. The weather didn't cooperate as well as we would have liked, but it didn't dampen (just a little pun) our spirits.

The most fun of all was pulling off an amazing surprise for our new president Brenda! It all started with the idea of having everyone bring their Installation dresses with the motive being to take pictures for Suzanne Smith, Installing Officer, to use in her installation at the Mini-Virtual Convention. From there it



took the "proverbial" village to make the real installation happen. Suzanne said, "I have the ceremony all done. Why couldn't we do it at the retreat on Zoom?"

Next, where is the stand for the backdrop?

Susan has it, and Beth said, "I'll pick it up." Emails and texts flew around the state! Beverley remembered she had hot air balloon paper lanterns somewhere and tea lights. Suzanne said look for UPS deliveries of a backdrop of Brenda's symbol, a hot air balloon and theme, "We Rise by Lifting Others" and another filled with net streamers. Stephanie was enlisted as photographer and Zoom coordinator! We had to call in Ronnie as our reinforcement to help with the backdrop, lighting and cooking!

Brenda was still in the dark but beginning to wonder why it was so important to take pictures promptly at 6:00 PM, and why half the people suddenly disappeared through the drizzle down to the dock! While it was wet, everyone will attest to the fact that the humidity was extreme! With the backdrop finished and looking amazing, we left the final details to Steph and Ronnie, and with about 5 minutes, managed to get in our Installation dresses. (a little aside here—funny now, not then! I bought my dress the first of March right before the Covid Shutdown but before the running Covid Buffet began...needless to say, I'm already damp from the humidity trying to get into the spanx which is the only thing that will allow my dress to zip...I will leave the rest to your imagination with the caveat that this would make a great episode for a sitcom....ie Ross on Friends with his leather pants down...)

Finally, we are all ready (breathing optional...me and Mindy), and we headed to the dock. I guess having everyone line up in the order they were to be installed might have been a giveaway! Minor technical difficulties...and THEN the installation which you heard at the Mini-Zoom Convention took place! Won't say that there might not have been a tear or two, but it was beautiful! May be the first and only Lakeside Installation, and the only one where the puppies, ducks and boats were creating a distraction!!

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The surprises didn't stop there as we had half of the 6 new Lifetime Foundation Members in our midst.

I got to present Brenda Bowersox with her pin and other Foundation goodies, while our very own Foundation rep, Beth Sherron presented Beverley Wright and Lou Anne Wyer with theirs!







By the time we returned to the house and changed into regular clothes, the table was set, the yummy salad, treats, and desserts were out thanks to Stephanie, and Ronnie's delicious burgers and dogs were ready! And did I mention the sangria?? Brenda made amazing sangria following dear Kathy Gibbon's recipe—her legacy lives on! The rest of the evening was spent eating and enjoying each other's company!





## Parliamentarian- Brenda Orebaugh

I miss everyone! It's been a long couple of months for me. My part-time job at our parks and recreation department came to an end when Covid-19 struck. I am one who enjoys going to work and being around people so being home has been difficult. My little dog "Precious" is enjoying having me home and she doesn't let me out of her sight.

I have been doing a lot of yard work, and working in my flower beds. I am attaching a picture of my pampas grass which is hard to grow in our area. I am pretty proud of this!

I am a little scared as I begin serving the VSC as Parliamentarian. I stepped out of my "comfort zone" to do this. This is a position I have never done on the state level so please bear with me as our year continues.

I look forward to seeing everyone in the spring. Happy Halloween, Happy Thanksgiving, Merry Christmas, and Happy New Year to all!



## **Treasurer- Beth Sherron**

Thank you, Brenda B, for asking me to serve on the executive board, it is my pleasure to serve the Virginia Council once again. This job is very familiar to me, so this will be one of my easier assignments this year.

If you have not sent your chapter dues to me, please send \$11 per member on your roster before October 1.

The SERC Project request for each chapter to send at least \$10 to the SERC Treasurer please consider supporting the SERC Council.

Last but certainly not least in my heart - **The Foundation Life Active Membership drawing.**

We received \$300 from the Foundation for the 6 new Life Active Members last year. Thank you to Dot Brown, Beverley Wright, Lou Ann Wyer, Theresa for organizing the birthday gift to P-Nut Schools, Mindy Boyd's birthday gift to Pam Blevin, Bev Scott's gift to Brenda Bowersox. Congratulations ladies for your support of the Foundation.

It was decided to use the funds for a Foundation Life Active Membership for the lucky winner. If you would like a chance at a Foundation Life Active Membership, there are only 50 chances to be sold at \$10 each. Send your check payable to VSC for the number of chances you want, to Beth Sherron before October 31, 2020. There will only be 50 chances, so it is first received, first to get a chance. Any additional funds will be donated to a Virginia scholarship. Thank you for your support of the ESA Foundation and good luck!!

My address is 13606 Quail Hollow Ct. Midlothian, VA 23112.  
Love in ESA - Beth

## Jr. Past President-Lou Ann Wyer Disaster Fund



With the cancellation of our in-person meetings, we have been unable to donate to our Disaster Fund. We have many ESA members in harm's way across the country, and now is the time to think of them by a donation to the Disaster Fund. If you or your chapter would like to make a donation before **October 31<sup>st</sup>**, one lucky person will win (your choice) an ESA apron or an ESA bag (pictured here) with your name on it! Please make your check to **ESA Disaster Fund** and send to Lou Ann Wyer, our VSC Disaster Fund Chair.



The Disaster Fund page has been updated on the IC website. Please visit this page to access the application for disaster fun.



## Appointed Board

ESA-VA Coordinator for St Jude - Carol Campbell

**VIRGINIA IS AT THE TOP ONCE AGAIN !!!!!**

Until last year, Virginia has been hanging at the edge of the stage for "TOP TEN" but in Memphis I was able to represent Virginia, and we were number TEN at the IC convention. This year with your hard work and donations, we made the TOP FIVE. Our total was \$1, 518,239, and Virginia was recognized for \$13 million lifetime certificate. Boy! I would have loved to have been there to accept this wonderful tribute. But the children at St. Jude's say it best!



[Text

Wrapping Break

Now, we have to buckle up and start anew! What can we do?

I had a 2 hour webinar with our ESA S Philanthropic/Communications Coordinator (St Jude Advisor). Many of the things are the same, but of course, with the COVID 19 Virus we have to come up with some ideas of our own and adapt many of the old ways. So what will you and your chapter do?

ALWAYS Do the following...no matter what event you do as a chapter: Go online to start:

Booked event forms are used before an event happens. They inform HQ and the state rep. Carol that an event is scheduled.

Completed event forms inform HQ and the state rep. Carol about the credit earned for that event. Without the completed event form, you DO NOT get ANY credit for the event. \*Don't forget to push SUBMIT after filling out the forms or you do not get credit!!

Total for event needs to be to FULL total not the portion you get credit for.

The Member Number is REQUIRED for the first chair of event. The online form will not submit without this information.

EVENTS Coming UP--ANYONE CAN PARTICIPATE IN THESE THIS YEAR THEY ARE VIRTUAL.

WALK/RUN-YOU DON'T HAVE TO HAVE A WALK/RUN NEAR YOU! SIGN UP AS A TEAM OR AN INDIVIDUALS  
ST JUDE Marathon/10K

STEPHANIE HESS—ZETA NU—SML-  
SIGNED UP LAST NIGHT! Stephanie  
and her friend, Toni, will start  
training for the STJUDE Half  
marathon & 10 K. If you are not  
participating, contribute to  
Stephanie's online fundraiser.  
Donate: <https://bndfr.com/d58pR>.  
If anyone else plans to do the  
marathon, please let us know so  
we can support you too.



\*If you are participating as a walker/runner, you DO NOT do a booked event: ALSAC will credit our state. But if you are volunteering you do a booked and completed event form (chair, set up, registration, etc.)

**St. Jude Walk/Run & Memphis Marathon** - Only fill out the booked and completed event forms if you are VOLUNTEERING! If you are fundraising then it is reported to HQ by ALSAC with a report at the end of each year. \*There are still some ESA members volunteering to help with various activities for some of the walks (Ex: walkcommittee).

**Radiothons** - We need the # of people volunteered, # of hours volunteered, and the total for the event with each completed event form so we can accurately calculate credit.

**ALSAC Tiering PDF** (credit assigned for events) The ALSAC rep for the ALSAC hosted event determines the tier you receive. If there are questions about the tiering sheet contact Carol or HQ Mackeigan. Remember, this is specific to ESA only! The tiering sheet is online. Since we have two new ALSAC reps—Beth Perkins & Amy Junge at ALSAC National we should always work with ESA's Mackeigan to make sure we get credit.

Information below is from the Senior and Junior St Jude Reps:

**\*Memphis Marathon** - Sandy Hongerholt is the Team ESA Captain:

T-shirts are \$25 (including shipping). Mackeigan has some sizes but we can order more if there are at least 25 orders. The shirts are shipped directly.

The event is virtual so ANYONE can participate this year.

**\*St. Jude Walk/Run** - Lauren Ryan:

St. Jude came out with an app for smart phones that makes it easy to track your progress, send emails, post to social media, and so much more. Download it from your app store.

Most events are virtual - THAT MEANS ANYONE CAN PARTICIPATE. You don't have to have a walk near you.

All ESA registrants will receive a runners bib via email from Mackeigan the week following their registration.

All members who raise \$100 on their fundraising pages will receive the unique patient artwork shirt and have the opportunity to be featured in the Journey magazine wearing their shirt.

We are encouraging all teams to set their goal to \$1,972 in support of the year the ESA and St. Jude partnership was established.



Submit your fundraising team link and timeline to Mackeigan so your credit is captured.

<https://epsilonsigmaalpha.org/gotoyourroom>

There are Publicity Kits online for your use <https://epsilonsigmaalpha.org/stjude>

Resources: ESA Contact HQ for any ALSAC needs or problems:

Mackeigan Wuest Philanthropic/Communications

Coordinator <https://support.office.com/en-us/f1/topic/Of43bf32-ccde-40c5-b16a-c6a282c0d251?showContactUsNav=False&ns=WINWORD&version=90>

363 West Drake Rd, Fort Collins, CO 80526

970.223.2824, ext. 108

fax: 970.223.4456

[www.epsilonsigmaalpha.org](http://www.epsilonsigmaalpha.org)

Mackeigan has suggested a TOTALLY NEW IDEA TO FUNDRAISE:

#GoToYourRoom Challenge -- I do not have a complete handle on this project but its connected with activities to do in one room for the entire day while posting to get donations -- WE WILL LEARN TOGETHER! More information in October! Again Mackeigan will assist us with starting the activities.

Chairman pins:

A chair pin will be sent upon receipt of a Completed Event Form for all events raising \$500 or more.

I AM SHARING information on the St. Jude Walk/Run with EVERYONE in VA and encourage full participation. SEPTEMBER 26TH CAN BE A TARGET DATE FOR YOUR INVOLVEMENT—BUT REMEMBER IT CAN BE ANY DAY, TIME AND THE WAY YOU PLAN IT!

Consider some of the following along with your local projects:

MEMPHIS / 10K and ST JUDE WALK/RUN

BOOKED EVENTS ( of any kind)

NEIGHBORHOOD WALK/VIRTUAL EVENT—any time, your rules, your way!

HERO COSTUME PARTY-perfect time to celebrate any type of hero/small or larger groups pay a fee to participate. Make it fun,, we really need a break!

HARVEST/HALLOWEEN/HOEDOWN-- BRUNCH/DINNER

SEPTEMBER PROMOTION FOR CANCER AWARENESS-Just ask friends and family to donate

NO MATTER YOUR EVENT OR FUNCTION—ALL CHECKS MADE OUT TO ST JUDE CHILDREN'S RESEARCH HOSPITAL AND MAIL TO HQ—363 West Drake Rd, Fort Collins, CO 80526. The checks do not need to come to Carol Campbell, just email me that you had an event and fill out the BOOKED EVENT FORM so I will tract the event and make sure we get the credit due us.  
Please retain this information for use this year.



## **Educational Director-Sandy Reed**

The last time I was the VSC Educational Director was 1997-1998. Needless to say thing has changed since then. With the recent reporting changes the chapter has to send in their report after the educational by no specific date or they can send them all in by April 15<sup>th</sup>. To combine them all in to one report could be a tremendous undertaking.

It is not always easy to decide on an Educational Program for the sorority year, but it helps if it is a topic about which your chapter members want to learn. Sometimes a good hint for your topic could be your Chapter President's theme or symbol. Beta Tau decided to do different countries since our chapter president's symbol is the world.

A Gold Link Certificate is still given to the chapter who report six educational for the sorority year.

The report can be emailed using the form on the VSC Website. My email address is [reedsr2@gmail.com](mailto:reedsr2@gmail.com). Looking forward to your educational reports

## **VSC Foundation Coordinator- Sue Foy**

The ESA Foundation has been active during the virus "shutdown". Scholarships were awarded, Grants were given out, and the Annual Foundation Meeting was held on "ZOOM".

Many thanks go out to the six (6) new Lifetime Active Foundation members who have joined this year. As you may know, the Foundation presented a program where state chapters could receive \$100 for every two new Lifetime members. The VSC received \$300 which will be used to pay for new memberships in the Foundation at \$25.00 a piece.



Money donated by VSC chapters and members to the Foundation and thru it with "Turn Around Funds" amounted \$8,711.76. These funds came from membership dues, "Turn Around Funds", "Fantasy Fest" donations, Va State Endowment, Kristine Williamson Memorial, Foundation General Board and the Charles H. Foy, Jr Memorial and of course, the Lifetime members \$500.00 memberships.

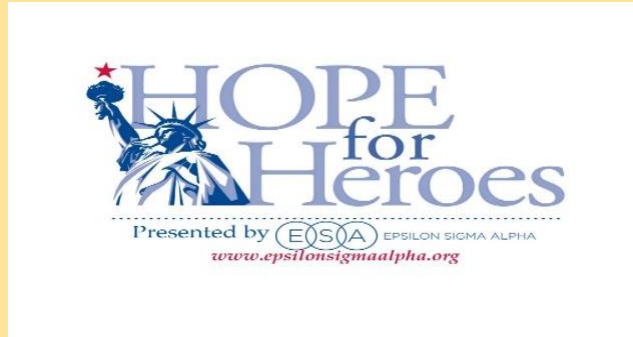
This year's scholarships given out that were sponsored by VSC members totaled \$58,900.00. Hannah Angler from Fishersville received a total of \$8,500.00 in scholarships and Isabel Craun from Leesburg received a total of \$7,400.00 in scholarships. Scholarships ranged in value from \$600.00 to \$5,000.00.

Scholarships to young and old people sponsored by VSC members are a valued asset that provides much needed funds to disserving students going to college. This program is not the only program that the Foundation provides. A grant was given out to Pastor Timothy Shaw so he could continue his ministerial studies. The Foundation is giving \$50,000.00 in \$10,000.00 annual allotments to the St. Jude microbial Research program for its surgeons to continue this valuable work. Dr. Krissy Zalud, a promising pediatric oncologist, also received a grant to Continue her studies in her field of medicine. Our own Beth Sherron was honored for her work on the Foundation Board with a donation to the Kristine Williamson Memorial Fund. Terri Olson was recognized by the Foundation for her work as IC President this year by a donation of \$1,000.00 to the "Welcome Home Vet" Charity. Molly Pohemas was honored with the "Humanitarian" Award for her and her husband's work sponsoring an orphanage in Mexico.

The Foundation is marching on into the future with some new programs and new ways of presenting them. Online meetings will continue to present these new ideas to the membership. "Trade Grants" are in the future for people working in all kinds of trades needed in the 21<sup>st</sup> century. The Foundation hopes to have in the ready, "Zoom" Seminars on a variety of subjects that anyone can take part in.

The Foundation is getting ready for the future and we hope you are too. Thank you for being an active member and join if you are not. Stay tuned for more exciting news from the Foundation.

## Hope for Heros-Ginny Hatchell



### Take A Moment To Thank A Veteran

When you see someone in a uniform,  
Someone who serves us all,  
Doing military duty,  
Answering their country's call,

Take a moment to thank them  
For protecting what you hold dear;  
Tell them you are proud of them;  
Make it very clear.

Just tap them on the shoulder,  
Give a smile, and say,  
"Thanks for what you're doing  
To keep us safe in the USA!"



Ginny Hatchell - [GinnyHatchell@gmail.com](mailto:GinnyHatchell@gmail.com)

## VSC Philanthropic Chair- Marie LaDuke

Hope everyone had a good summer and that you look to the fall. Our lives certainly have been different the past several months and will be for a while longer. I sure have missed seeing everyone and look forward to the day we will be able to celebrate being together once again. I hope everyone is safe and healthy.

As your VSC Philanthropic Chair, I want to hear from all Virginia chapters reporting your philanthropic hours, monies and miles starting with the month of April 2020. If you have submitted reports for hour, etc. after that date, I will get those figures from last year's records to make sure your chapter is credited with everything from April 1, 2020 to March 30, 2021. Even though you are not required to report the information monthly, I would like to receive your reporting forms often throughout the year. I think you can better keep track of everything and not lose all your hard work and service. The final deadline for this year's reporting will be March 30, 2021.

The reporting form on the Virginia ESA website has the wrong IRS mileage rate. I will be sending an updated form to the Webmaster as soon as I know who that will be. For now, I am including the form at the end of this article for your use.

If you have any questions, please do not hesitate to contact me for assistance at [marieladuke@comcast.net](mailto:marieladuke@comcast.net) or phone me at 804 337 1875(c) or 804 674 5101 (h).

Thought for the Day: A philanthropist is a person who donates time, money, experience, skills or talent to help create a better world. Anyone can be a philanthropist, regardless of status or net worth. ESA members are all devoted philanthropists!





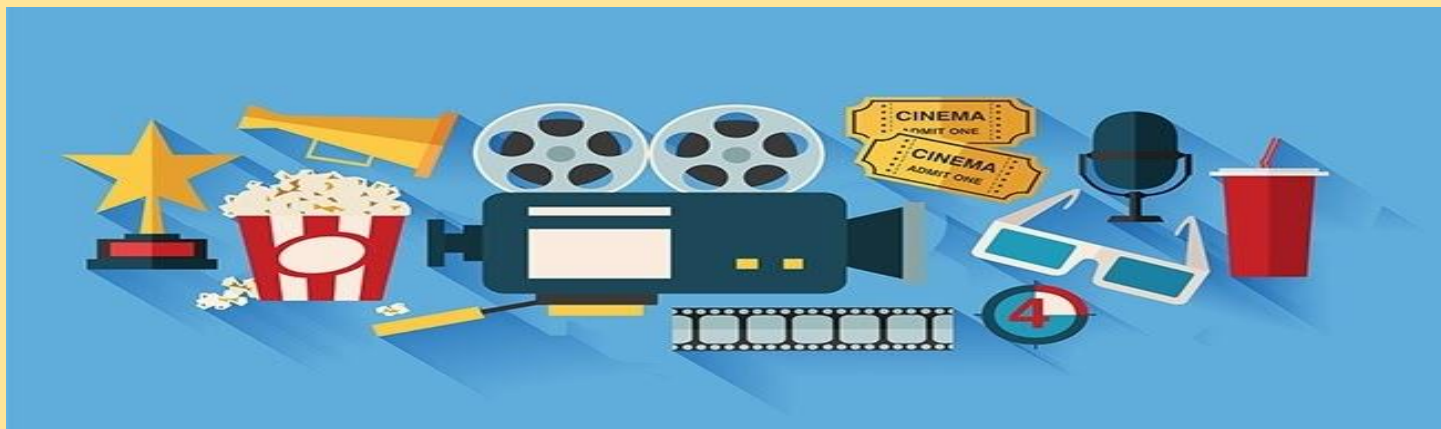
## State Project-Judy Williams

Happy Fall Everyone! I hope everyone is keeping their spirits up and looking forward to continuing our good work and philanthropic endeavors. I want to commend you all for the amount of money raised in 2019 - 2020 despite the pandemic and quarantine and social distancing and whatever else was thrown your way. **YOU ARE AWESOME!!!!**

I look forward to serving as your State Project director for the next 2 years. Look for more information the Brenda's Newsletter next month. Stay well and hopefully we will meet again in March.

## VSC CONVENTION-Doris Hood

It is said that time flies when you are having fun. Well the Northern Virginia Chapters must be having a lot of fun because it is hard to believe it is again our turn to host the VSC 2021 State Convention. We will be returning to our old "tried and true" Hospitality House and Conference Center in Fredericksburg. The Spring Meeting is scheduled for Saturday, March 13, 2021 and Convention Friday, May 21-23, 2021. Room Rates are \$105.00 (Single or Double), \$115.00 (Triple) and \$125.00 (Quad). Room rate includes voucher for Hot Breakfast. Come prepared to let Beta Tau and Delta Sigma Entertain You. Keep Tuned. More to follow



# Chapters

**Susan Graham, President  
Waynesboro #2055**

This is one of our Elan members who won the Sweetheart award we give out each year. This is a member that does a lot for the community. Lilly collected items for the SPCA and walked in the St Jude Walk a-thon, among many other things. She is 9 years old and is a joy to be around. She received the tiara, plaque and flowers.

The bottom picture is masks that I made for an assisted living facility in Staunton. I ended up making about 250 masks.



## Beta Kappa - Virginia Beach

Ginny Hatchell

We are all smiles and looking forward to a great year with ESA.



Although the St. Jude Walk September 26<sup>th</sup> has gone *virtual* this year, Beta Kappa will still be meeting at the Norfolk Botanical Gardens. Our chapter is going to take this opportunity to walk the gardens and meet for lunch. Each member will bring her own lunch and lawn chair, form a social distancing circle, and enjoy each other's company. Interested? Come along. We will be meeting at 10:00 a.m. at the Rose Garden entrance.



**NEW MEMBER ALERT:** Welcome Larry James. Larry's wife, Tammy James, has been a member of Beta Kappa, and Larry has helped out on philanthropic projects throughout the years. We now welcome Larry as a member - **WELCOME LARRY**

NOW, more than ever, there are so many needs in our community. This summer Beta Kappa continued our local community projects including stocking Food Pantries and gathering and providing new linens for families to help them get a fresh start.

Our next monthly meeting is scheduled for October 1<sup>st</sup> and will be by Zoom and in person. Our **Six Feet - Then Take a Seat** meeting will take place at the fire pit at Farmhouse Brewery in Virginia Beach and Zoom.





## Beta Sigma Chapter- Richmond

Susan Caldwell

### Changes, Changes, Changes!!!

Just as every other VSC Chapter, Beta Sigma has made many changes. Our meetings were first held on Skype, but now we meet on Zoom thanks to our President, Marie LaDuke. Our attendance should improve as some of our members are often out of town for business and they can now join the meeting on Zoom.



As you can see from the screenshot, many of us are now gray or white-haired!  
COVID HAIR I call it!

### Projects, Projects, and more Projects

We have seen each other just once but have several projects that will be held in person. Just to name a few of our projects:

- The Chili's Night for St. Jude on September 30 will allow us to dine in or order for takeout.
- Guess there is no way to hold a large Yard Sale to benefit Easter Seals virtually! Of course, we tried to figure that out. We'll be wearing our masks and socially distancing of course!
- Our Norwex party for our Chapter Philanthropic Projects will be in person, but also on Zoom for those unable to attend or by website ordering. Options, options, options! Invite in this Lamplighter Edition
- Our annual Trivia Night for the VSC State Project will be held on January 16, 2021, if things are back to "normal." I'll put an invitation on the VSC website and in Brenda Bowersox's next newsletter. We'd love for many VSC members to attend!

- We are collecting electronics to benefit Tech For Troops, an organization that teaches veterans to refurbish computers, phones, etc. and holds classes to prepare veterans for IT work. Luckily for us there is a drop off location in Henrico County.
- As always, we collect aluminum and metals for recycling which benefits our Chapter Philanthropic projects
- The St. Jude Dream Home was a success. All 10,500 tickets were sold several weeks early. Hooray! The home was actually a Town Home, the first in any Dream Home campaign. In case you didn't know we had to vacate our Ticket Office at Long & Foster Realtors after two days, but ALSAC got permission to use my home as the office. Several of us—Marie LaDuke, Lynne Rightmyer, and I--staffed the ticket office from March to August. We had much-appreciated help from Alpha Delta members, Sue Danielson and Beth Sherron, and from Alpha Nu member, Mindy Boyd. They can really audit some tickets!

### Socials, Socials, Socials

Beta Sigma Chapter always loves a good party or adventure. Thanks to Lynne we're trying some new Socials—Rt. One Country Store with Lunch; Yuletides at Agecroft with dinner; Craft weekend at Lynne's Gwynn's Island Home; and Shirley Plantation Winery among others. Pam Cook, our Educational Director, will combine many of the Educationals with our Socials! Win, Win!

### Trivia at IC Zoom Convention

Not to brag or anything but Beta Sigma placed 2<sup>nd</sup> in the IC Trivia Night on Zoom Challenge in July. We missed tying for 1<sup>st</sup> place by ONE question. It was so great to have our chapter Men of ESA on the team! I should really say very helpful to have them on the team!

Beta Sigma hopes all of you are doing well and doing good works!

Susan Caldwell

BETA SIGMA NORWEX PARTY  
HOST—SUSAN CALDWELL AND BETA SIGMA



Hello VSC Members,  
Please join Beta Sigma in person or by online ordering or by Zoom for our  
Norwex Philanthropic Project!

#### Norwex Missions Statement

Norwex was founded in Norway over 26 years ago and has been helping to transform homes into safe havens by creating effective, safe, and sustainable cleaning and personal care products that reduce the use of harmful chemicals.

#### Info You'll Need

Date: Thursday, October 1 at 6:00 PM

Location: Home of Susan Caldwell or online ordering or Zoom Event

An Invitation for the Zoom Event will be sent to you by email.

Norwex agent Kristen will make her presentation of products in the Zoom session.

Website--Norwex to view catalog and products  
[www.kristenmcgee.norwex.biz](http://www.kristenmcgee.norwex.biz)

Link for ordering—Use this link to be added directly to the Beta Sigma/Susan Caldwell Party

<http://kristenmcgee.norwex.biz/en.US/customer/party/489702>

Norwex Products are perfect for you and for gifts for others!

Hope to see you on Thursday, October 1!!



## Beta Tau-Woodbridge

### Sandy Reed

Beta Tau started its 2020-2021 sorority year with an Installation and Awards ceremony at Edna Plancon's on May 25, 2020. Because of the COVID 19 pandemic this had been delayed from April, but we decided to go ahead and with masks on and do an installation and awards ceremony. Edna Plancon is our new Chapter President, Doris Hood Vice President, Treasurer and Educational Director; and Sandy Reed Recording Secretary and Parliamentarian. Edna's Theme is "What a Wonderful World with ESA" and her symbol is the World. Doris received her 45 year service pin. Unfortunately Pat Hoover and Phyllis Porch announced at this event that they were going inactive. Beta Tau is now down to three members, but we have vowed to carry on.



Pat, Edna, Doris, Phyllis & Sandy holding their World Key Chains.



Doris doing the Installation of Officers

When your chapter is 50 years old it is not easy to come up with an Educational Program since we have pretty much covered the water front. However since Edna's symbol is the World, we decided to do educational on different countries. Doris as Educational Director decided to make it even harder because when you had the educational at your home you should also serve food from that country. We are going to be guinea pigs for many of our luncheons. I was lucky because I had Mexico in July so I fixed a taco salad that I had prepared many times. Doris had Japan in August so she fixed a new dish for us fried rice with pork, dumplings and a Japanese desert. She decorated the table with Japanese items given to her by Japanese friends.



Japan in August.



Doris, Edna, Cathy Wickline & Sandy

Our socials this sorority year will consist on our educational luncheons and a Christmas luncheon. We are hoping that the Riverside Dinner Theater will open eventually so we can go to their plays and musicals.

We are going to try to have a yard sale at Edna's on October 3, 2020. Unfortunately our philanthropic money maker of selling soups at the Garfield Christmas Craft Show has been canceled. We are still trying to come up with ideas for raising money..

We were all disappointed that the Leadership/Convention couldn't be held on September 12 - 13, 2020 which was understandable. Hopefully we will see you on ZOOM.

Sandy Reed

**Delta Kappa-Roanoke**  
**Elaine Prillaman**

Not much going on in this neck of the woods, just trying to be safe and careful. Our summer started out working the office for the Dream Home, Shelby, Sue, Sandy, and Elaine. Jim Buck, Pats husband was nice enough to give us a room in his office building. It was just big enough for the 4 of us and we felt ok with the 4 of us coming in because we knew we had been staying in as close as we could. We started out behind only having one Post Office box key and we could not have it until we got another one so the first and second pick up was huge and took us a few days to input after that then we had printer problem that put us behind again and after that ran out of ink and held us up for another 2 weeks, so all in all we moved along and sold out really early that gave us time to make sure all things completed. Hopefully next year will run a little better.

We took time out to meet for lunch outside but the rain came and sent us in but we had a good lunch and enjoyed being together.

We sure miss seeing everyone and hope we can again, so until we meet again sooo long.

Elaine Prillaman

**Delta Rho-Front Royal**  
**Jenny Brunelle**

**What's up with Delta Rho?**

Nancy Barnes has spent mostly every day by the pool with her 4 yr. old grandson and family, playing a lot of frisbee and kick ball.....her exercise!!!! She says, "I'm always questioning what day of the week it is." She has done lots of grocery shopping meeting Jenny Brunelle in the grocery store almost every other week this summer! LOL...Entirely unscheduled meetings!

Hugs and blessings to all from Nancy.

Jenny Brunelle (and Mike) have kept busy spending time with their grandchildren. Jenny is supervising her granddaughter Amaya's online schoolwork. Over the



summer she pet sat for her nephew, who has a dog (fed 4 times a day), a cat, two turkeys, and feeds the squirrels twice a day, and keeps two bird feeders full! Earlier in the summer, she had a chance to talk with past member Helen Lake at the Dog Park.

Hannah Brunelle has been busy working and spending time with her son Liam. They, son Kayden and her cousins went to the beach and had a great time.

Sarah Brunelle has been working crazy hours. She spends most of her time at the main office in Winchester, but has travelled to Va. Beach, WVA and PA for work. She missed having a vacation, but has spent her free time visiting with friends.

Faye Campbell and Danny have been staying close to home only venturing out to get groceries, medicine, doctors' appointments and short road trips.

Neda Duncan made sure our books were reconciled. Other than going out for the necessities she has been staying close to home when not taking short trips with Emmett.

Melissa Grove worked from home for months, but is now back at RMA.

Alice Hudson has been sticking close to home, supervising her son-in-law Ernie (Melissa's husband) who is doing some maintenance projects for her.

Debbie Langfitt has big news. She leased her Classic Touch building in Winchester! Everything had to be removed quickly. It's been crazy bringing all her merchandise to her home and Alice's. So now both she and David are working from home.

Since March Roxie Leonard has spent much of her time gardening. She sold sunflower plants in April. And four months later here's a picture of one Jenny bought and planted in her backyard!

Peggy Thompson has been sticking close to home as per daughter Jill's and her Doctor's orders! She has spent time with granddaughter Amanda and the great grandchildren. She has been wanting to organize a Delta Rho get together at our Bing Crosby park.

Korinne Zaino has been keeping up with her John John! He keeps her busy!

We miss not having our usual meetings. We didn't realize how blessed we were! We are trying to arrange park meetings where we can spread out and Zoom meetings for those on computers, tablets or smartphones.

Blessings to all,  
Jenny Brunell



## **Delta Sigma-Manassas**

### **Suzanne Smith**

2020 has been a crazy and unusual year. It has certainly put a damper on our activities. But 3 of the members of Delta Sigma did attend the VSC Virtual Convention on Saturday, September 12<sup>th</sup> via Zoom. It was un"conventional", but still wonderful. It was nice to see all those smiling faces that we haven't seen for so long. Here is a picture of Suzanne, Mike and Sheen:



Going forward, we hope to have a Chapter gathering via Zoom in the near future. And we are all still very excited to have Katrina Saunders back in the fold.

**GAMMA PI - Staunton**  
**Beverley M. Wright**

It was wonderful seeing so many faces during the VSC Virtual Convention Meeting via Zoom. Though Brenda and I had been able to spend an amazing weekend at SML with the Executive Board in August, it was especially nice to see the faces of those we haven't seen for over a year. We took this opportunity to get together and have lunch as a chapter prior to the meeting and catch up.

Gamma Pi has been doing pretty well during these COVID times. All-in-all we have stayed healthy and been able to stay busy as well. A lot of home improvements, updates, and cleaning projects have been accomplished and I think between Brenda and I we have read about 50 books. We have binged on Netflix, Acorn and Amazon Prime series and movies and cooked, baked, and crafted (me not Brenda) more than we ever have. Some televised recommendations: "A Place to Call Home" (ACORN); "Sweet Magnolias", "Farm Girls", "Yellowstone", and "Hart of Dixie" (NETFLIX). I ordered the 1<sup>st</sup> 5 books in the Louise Penny series, which was highly recommended by Bev Scott and Brenda Bowersox. Though this is not quite the type of book I usually read, after getting through the 1<sup>st</sup> one, I couldn't wait to continue the story of this small town in Canada, Chief Inspector Gamache, and the "unique" residents who make up this series. If anyone would like to read these, just let me know and I will pack these first 5 books up and mail them to you.

Our philanthropic work has been limited to personal donations of time and money this summer. There has been a definite need in our small town and area due to the flooding in the downtown business area and the ongoing situation of hunger, which the Blue Ridge Area Food Bank is trying to address. We have been able to socialize a bit more during the past couple of months. Jim, Brenda O., Amanda, Joe, and I went to Cross Keys Vineyard for Sunday Brunch a couple of weeks ago. Then since both the Orebaugh and Wright wedding anniversaries are in August, we celebrated together at both Cross Keys Vineyard and Stable Craft Brewery. We have also celebrated the birthdays of two long-time friends during the summer at Mill Street Grill. Do you see a pattern here? All of our celebrations include food which would lead to the 'quarantine - fifteen' or more - at least for me!

Our church services have been virtual with FB live and I did start a new Bible study this week entitled, "Matchless". Our shopping experiences have been grocery pickups, for the most part, and a week doesn't go by that UPS, USPS, or FedEx isn't making a delivery from Amazon. (I don't feel bad about that because my 'charity of choice' on Amazon is St. Jude so I feel I'm doing a bit of good with each order - LOL!)

We pray that all of our Virginia ESA families are healthy and that an effective vaccine to combat this virus is forthcoming in the near future. I love VSC President Brenda B's theme, "We Rise by Lifting Others" and let's all continue to look for opportunities to "lift others" until we meet in March 2021.

## **Zeta Nu-Smith Mountain Lake**

**Bev Scott**

Greetings from beautiful SML where boating is acceptable and considered a social distancing activity!



As with all the chapters and everyone in the state, Zeta Nu has been greatly impacted by the restrictions of the Covid Virus. As I have been reminded a number of times by my concerned children, I am in the at risk "elderly" category. Frankly, I never considered myself elderly until confronted with that fact! Once outside restaurant dining was restored, we did try to get together a couple of times for dinner. When we learned the sad news that Noel Lukeson was moving to South Carolina, we knew we had to do something special, and planned a surprise going away party for her one the dock! As usual, Ronnie, Stephanie's husband was



in charge of the food, and we had an amazing taco bar which included beef, chicken, grilled striper, and ALL the fixings!



It was truly hard to say good-bye to Noel and David. They have been such an integral part of Zeta Nu and will always be. Her new address is 421 Black Cherry Way, Conway, SC 29526. Because there are no close chapters, she is maintaining her membership in Zeta Nu which delights us all! Guess we will join the new age of Skype or Zoom for meetings. For now, the phone has been our communication of choice.



Much love to all! Can't wait until we can meet in person again!  
Bev Scott.

## Fun First Day of School Pictures....



Susan's grandsons



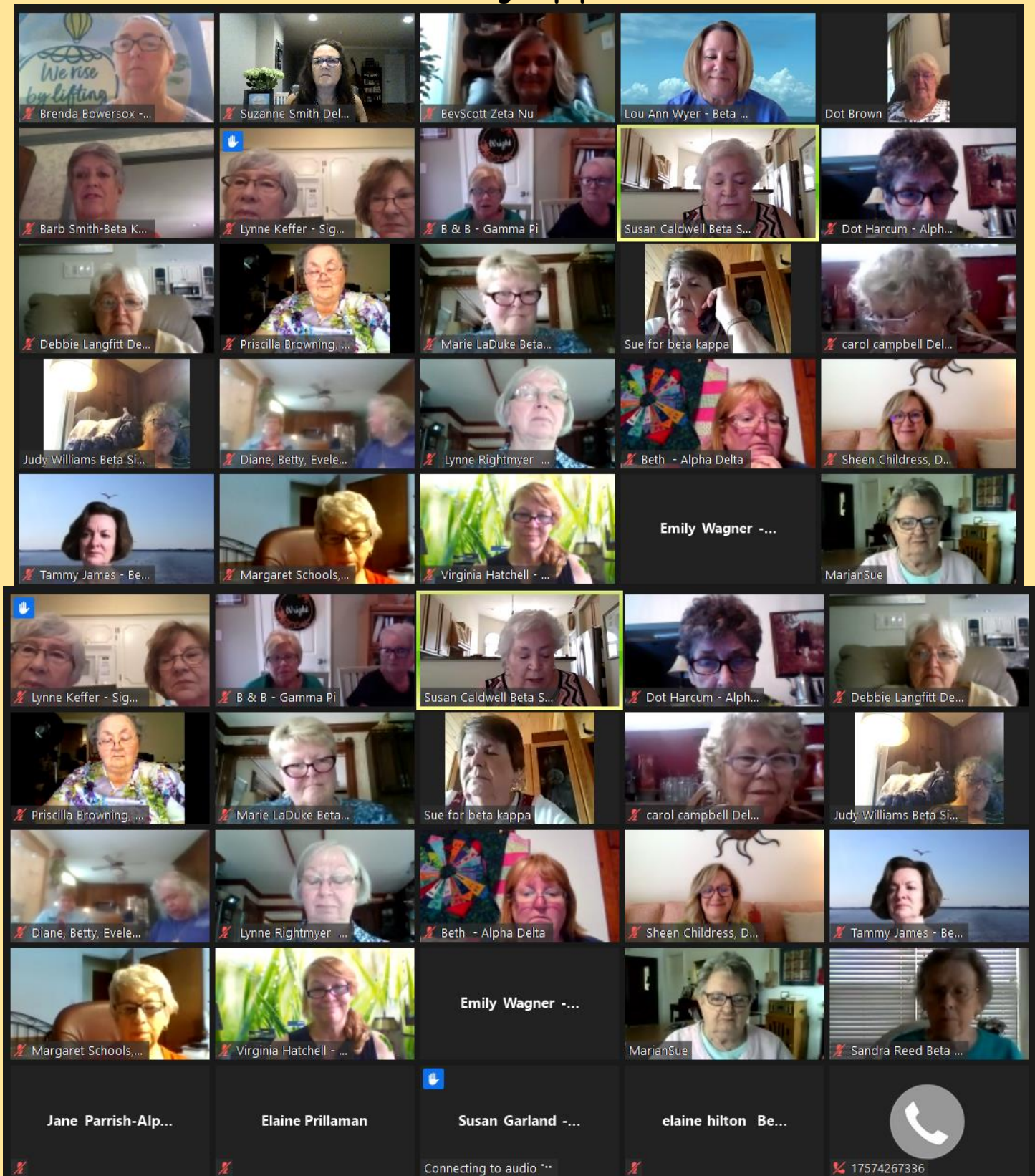
Bev's grandchildren



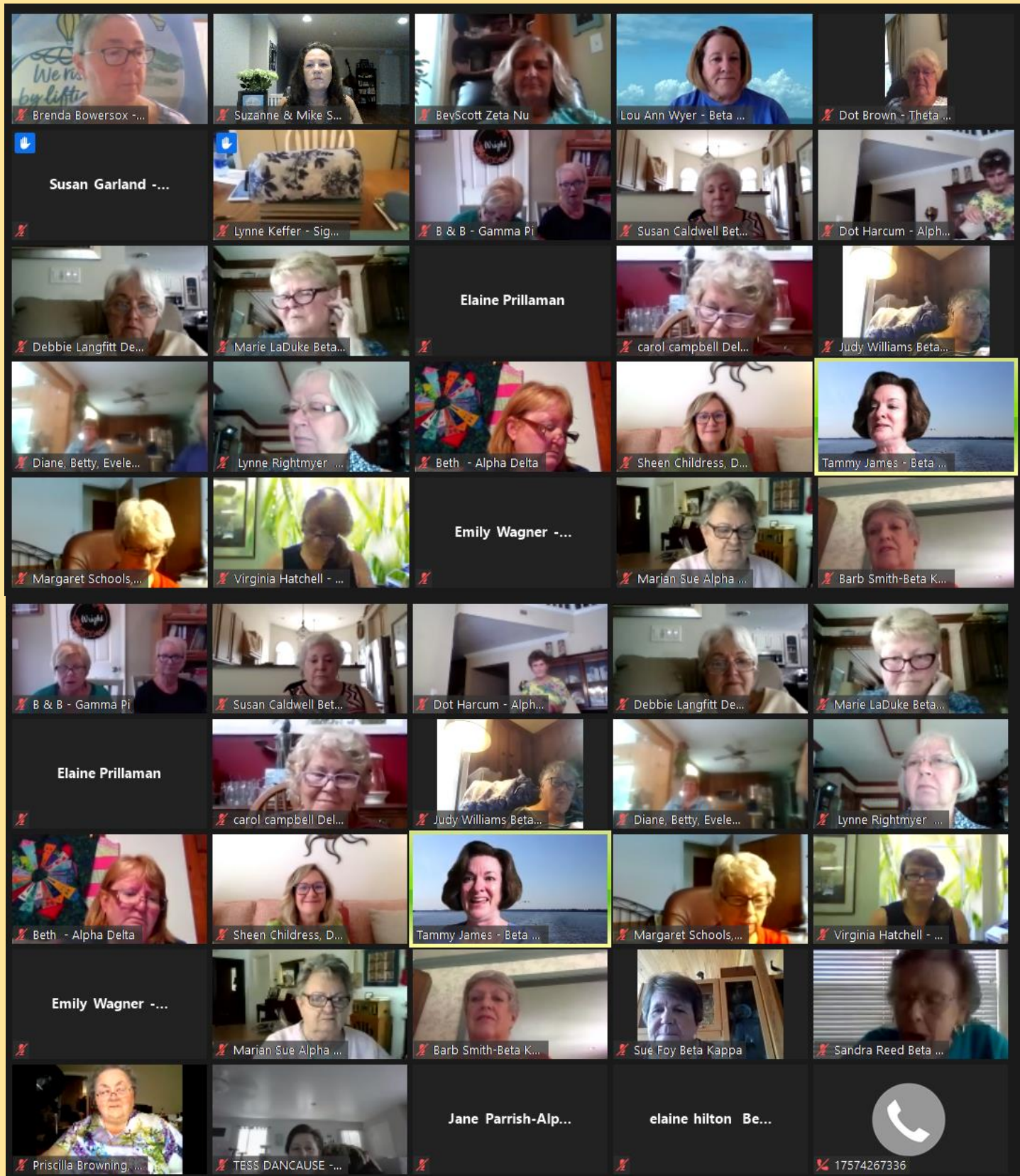
# VSC Virtual Convention

## September 12, 2020

### Random group pics...





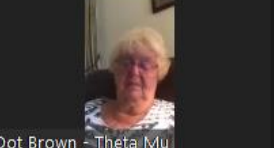
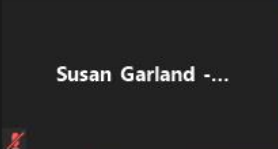
















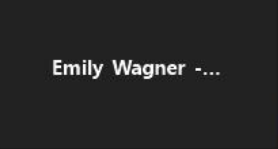



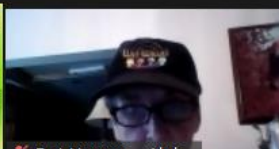
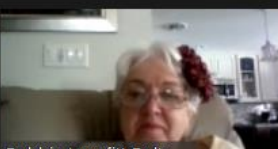
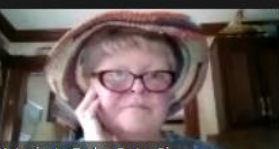
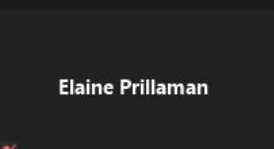
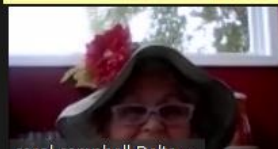


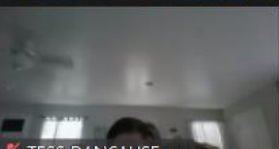









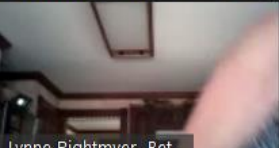





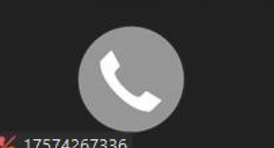








## PPA Installation for Lou Ann

 Brenda Bowersox - ...	 Suzanne & Mike Smit...	 BevScott Zeta Nu	 Lou Ann Wyer - Beta ...	 Dot Brown - Theta Mu
 Susan Garland -...	 Lynne Keffer - Sigma ...	 B & B - Gamma Pi	 Susan Caldwell Beta S...	 Dot Harcum - Alph...
 Debbie Langfitt Delta ...	 Marie LaDuke Beta Si...	 Elaine Prillaman	 carol campbell Delta ...	 Judy Williams Beta Si...
 Diane, Betty, Eveleen-...	 TESS DANCAUSE -...	 Beth - Alpha Delta	 Sheen Childress, Delt...	 Tammy James - Be...
 Sandra Reed Beta Tau	 Virginia Hatchell - ...	 Emily Wagner -...	 Marian Sue Alpha Nu	 Barb Smith-Beta K...
 Susan Caldwell Beta S...	 Dot Harcum - Alph...	 Debbie Langfitt Delta ...	 Marie LaDuke Beta Si...	 Elaine Prillaman
 carol campbell Delta ...	 Judy Williams Beta Si...	 Diane, Betty, Eveleen-...	 TESS DANCAUSE -...	 Beth - Alpha Delta
 Sheen Childress, Delt...	 Tammy James - Be...	 Sandra Reed Beta Tau	 Virginia Hatchell - ...	 Emily Wagner -...
 Marian Sue Alpha Nu	 Barb Smith-Beta K...	 Sue Foy Beta Kappa	 Lynne Rightmyer Bet...	 Margaret Schools, Be...
 Priscilla Browning, Al...	 Nicole Lewis - Thet...	 Jane Parrish-Alp...	 elaine hilton Be...	 17574267336



## Group photo!!





**2020 VSC CONVENTION  
FOUNDATION REPORT  
September 12, 2020**

Greetings and congratulations to Virginia VSC from the IC Foundation.

Today it is my privilege to announce that the Virginia VSC has received a monetary reward of \$300.00 for the following people who have joined the Foundation Life Active Membership group. Virginia's thank you goes to Beverley Wright, Lou Ann Wyer, P Nut Schools, Dot Brown, Brenda Bowersox and Pam Blevins.

As you may recall, the Foundation began a program last year whereby for every two new Life Active Memberships, the state would receive \$100.00. Since we had six wonderful members to join as Life Active members that is how we were rewarded the \$300.00. These new Life Active Membership fees are placed in a Grant Fund. This year a grant was given to Rev. Timothy Shaw to continue his ministerial education. Another grant has been given to the St. Jude Graduate School of Biomedical Sciences in the total amount of \$50,000.00 for which money is distributed annually in the amount of \$10,000.00. Also, \$1,000.00 was given to the Welcome Home Vet program in the name of this past year's ESA President, Terri Olson.

You can win a LIFE ACTIVE MEMBERSHIP too! VSC will sell 50 chances for \$10 each. Your ticket(s) will buy a chance to win a full Life Active Membership worth \$500. Any extra monies will go towards a Virginia scholarship. The membership may be purchased for yourself, a chapter, or gifted to someone else.

Notify Beth Sherron via email for the number of chances you would like to purchase. All chances must be purchased prior to October 31<sup>st</sup>.

You can reach Beth at: [bethsherron@verion.net](mailto:bethsherron@verion.net)

Thanks, from the Foundation to all of you for your loving care about what this organization can accomplish in helping others achieve their dreams of a better life.



I want to thank the entire VSC membership for their support over the last year. While the pandemic kept us away from each other, it did not stop us communicating in other ways in order to stay connected. I was so pleased to see so many participating in the virtual convention last weekend. We had a great time and were able to share with you Brenda's lovely installation at Smith Mountain Lake and celebrate the wonderful works done by all our chapters over the year. Six lucky chapters won a packed beach bag from Beta Kappa for the Party at the Beach that never happened!

I have included the inside of the thank you card that I received from VSC. My creative girls of Beta Kappa made it, and I just had to share it with you. I will include the picture of the yard art gift in a later edition. Looking forward to 2021 and seeing you in person!

Love in ESA,  
Lou Ann

