

# The Lamplighter

Virginia State Council
Epsilon Sigma Alpha International
Spring 2021 Edition
Editor: Sheen Childress

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# President's Message

Happy Spring! The robins have returned, the grass is greener, the bees are out pollinating all of the blooming fruit trees and all seems right with the world. We know it's not, but it is getting there. At least this spring the world is opening up a little instead of locking down like last year.

Although I worried about how an actual council meeting would work on ZOOM, we were able to get things done and enjoy a little face time. Thanks to all that were able to attend the Spring Meeting. What is the old adage? You can't teach an old dog new tricks... That doesn't apply to ESA members.

Are you as excited as I am to actually be able to have convention? The planning is still ongoing and the Beta Tau and Delta Sigma members are eagerly awaiting your arrival. Don't forget to send in your registration soon. The form was in my newsletter this week or you can find it on the state's new website. IC Rep Linda Schmidt will have an amazing workshop and SERC Rep Tammy Gregg will perform the flag ceremony. If you have a chance send them a email of welcome and let them know how excited we are to be their host. Linda Schmidt;

<u>Ischm79148@comcast.net</u>: Tammy Gregg; <u>tammyjo21@yahoo.com</u>

My year as your President has been filled with so many remarkable moments. Of course, none were what any of us expected but nevertheless we had a good year. All of us had to adapt to what was happening around us and I couldn't be prouder to be a Virginia ESA member.

### "To plant a garden is to believe in tomorrow"!

Brenda Bowersox - VSC President



#### **Executive Board**



## Parliamentarian-Brenda Orebaugh

Happy Spring to our ESA VSC Members!

Flowers are blooming and birds are singing. A beautiful time of the year and my very favorite time of the year. I love sitting on the deck in the morning watching the sun rise with a cup of coffee.

There is one proposed By-law change to be voted on at Convention. A copy was emailed by President Brenda to everyone who has an email address. I hope you will share this with any member who does not have email.

I hope to see you at Convention. Take care and stay safe.

## VSC Recording Secretary - Beverley Wright

As my year serving as VSC Recording Secretary comes to an end, I want to take this opportunity to encourage YOU .... YES YOU .... YOU KNOW WHO YOU ARE!!! You are the very capable Virginia ESA member who has never served on the VSC Elected Board. It may have been for lack of time or uncertainty that you could perform the job as well as one of your predecessors. All I can do is say ... JUST DO IT ... TAKE THE CHANCE!

This position is one where you are provided SO MUCH assistance! The president will provide you with the long agenda, most the officers will provide you with a copy of their reports (prior to the meeting), and all you have to do is take the actions and important decisions and put them in a clear and concise report. You have plenty of time following the meeting to get this done AND you have a committee to review what you transcribe and offer any corrections before you send the approved minutes out to the membership at large. EASY, PEASY, LEMON SQUEEZY!!!!

Please consider this position when your VSC nominating committee starts seeking officers for 2022-23.

HAPPY SPRING!



# Appointed Board

## ESA St Jude Coordinator, Carol Campbell

Thanks to the chapters who sent in end of the year reports. I will make sure a comparison is completed with HQ Totals. Hopefully, all monies have been sent in but if not it's not too late to have us qualify for the IC May 31 deadline.

How exciting is the involvement of St Jude with the 4-person all civilian launch planned. The following article tells us some details.

#### New fundraising challenge tied to Inspiration4 launches today for St. Jude Children's Research Hospital

A fundraising challenge for St. Jude Children's Research Hospital® called St. Jude Mission: Inspired. The peer-to-peer campaign celebrates Inspiration4, the world's first all-civilian space flight, and is part of the <u>Inspiration4</u> quest to raise \$200 million to help save kids with childhood cancer and other life-threatening diseases. St. Jude Mission: Inspired aims to help support fundraising goal with unique incentives related to world's first civilian mission to space Memphis, Tennessee, Mar. 1, 2021

In the months leading up to the Inspiration4 mission, several other incentives will be offered to recognize the fundraising milestones achieved and positive impact of these efforts on St. Jude families. Examples include an onsite Inspiration4 launch experience, personal in-flight messages from the Inspiration4 crew, flight jackets, Limited Edition t-shirts and more. Most importantly, participants will walk away with the satisfaction of knowing they are part of a bigger mission to make a difference in children's lives across the globe.

To launch a fundraising mission, start the journey by registering at <a href="mailto:stjude.org/inspiration4">stjude.org/inspiration4</a>

ALSAC/St. Jude Children's Research Hospital (901) 578-6752

Follow this link to an interesting article about Inspiration4...

<u>Inspiration4 reveals final two crew members for all-civilian mission to space benefiting St.</u>
Jude



## VSC Foundation Counselor- Sue Foy

Please be reminded of the following items:

1. If you missed the March ESA Foundation workshop, Changes in the Educational Landscape, it is now posted on the ESA website: ESA Foundation Newsletter - Epsilon Sigma Alpha (ESA) - An International Service Organization. The workshop was very informative and included conversation with several ESA members who are in the education field, a current scholarship winner/college student, and a superintendent of a Technical school. Feel free to share the link with members in your state/region.

Contact Kim Mandrell if you have any ideas for workshops or would like to be a part of these workshops.

- 2. Kim Mandrell works for a company that matches her giving to 501c3 charities either fully or partially. If you are in the workforce, check to see if your company will partner with you in donating to charities.
- 3. The Annual Foundation Meeting will be virtual on July 10th at 1:00 pm ET. Invites will be sent closer to the time.

4. Pay your dues to the Foundation online through "My Profile" in ESA's Member Suite.

Please don't forget to pay your dues and consider joining the Lifetime Membership Program. Thanks to everyone who has paid their dues this year. Every donation makes a huge difference to those in need of a hand up in their education.

5. Congratulations to the newest Lifetime Member from Virginia - Pricilla Browning.

6. 2020 Scholarship Winners in Virginia

Allen/Files Endowment - Hannah W. Angler, Fishersville, \$1200.00

BMW Hope Endowment - Megan Nelson, Indianapolis, IND, \$1900.00

Charles Foy Jr Endowment - Amanda Webb, Midland, MI, \$600.00

Marge Rushford Memorial Endowment(SC) - Rylee Rollins, Pelzer, SC, \$1200.00

Nancy Reece Memorial Fund (SC) - Rylee Rollins, Pelzer, SC, \$5,000.00

Makalya Swygert, Sumter, SC, \$5,000.00

Elaina Cummings, Ridge Spring, SC, \$5,000.00

Shynlya Lytes, Spartanburg, SC, \$5,000.00

Nancy Reece Memorial Fund, (VA) - Isabel Craun, Leesburg, VA, \$5,000.00

Hannah Wangler, Fishersville, VA, \$5,000.00

Jordan Ogle, Chesapeake, VA, \$5,000.00

Madison Petitit, Gainesville, VA, \$5,000.00

Abigail Mullen, Spotsylvania, VA. \$5,000.00

James McPherson Memorial Endowment - Isabel Craun, Leesburg, VA, \$1,400.00
Kristine Williamson Memorial Endowment - Isabel Craun, Leesburg, VA. \$1,000.00
Sherman and Nancy Reece Endowment - Rylee Rollins, Pelzer, SC, \$2,300.00
Hannah Wangler, Fishersville, VA, \$2,300.00
Virginia State Endowment - Tanye Ojo, Blacksburg, VA, \$2,000.00



## VSC Philanthropic Chair- Marie LaDuke

Now that I know the VSC State Convention will happen, I so look forward to seeing many of you in Fredericksburg.

If anyone has any old electronic equipment to be donated to Tech for Troops, I will gladly make sure it gets to the organization in Richmond. Bring it to Convention marked with your chapter's name so I can be sure that you will get credit for the donation.

In spite of the changes that we have had to make for more than a year, I am proud of all that the Virginia chapters have accomplished philanthropically. Some chapters found it difficult to carry out their projects while some became very inventive and were able to continue to make a difference in the lives of others.

The expression goes, "Tomorrow is another day" and we are all looking forward to a better tomorrow.

See you soon in May!

#### VSC CONVENTION-Doris Hood

It is fast approaching. VSC 2021 Convention is right around the corner. We are so excited and looking forward to seeing all of you in person. Just a few last minute details. Good news hotel has reduced room rates from \$105.00 + tax to \$85.00 + tax. Registration Chair, Sandy Reed, has revised the registration form to reflect the current rates. For those early hotel registrations, adjustments have been made. Room rates included a hot breakfast. Because of COVID restrictions a complimentary Grab and Go Breakfast Box will be served in the hotel lobby from 6:30 to 9:30 am.

Please have information to be included in Convention Brochure to Suzanne Smith by April 30th. Reminder: don't forget to wear your walking shoes. The hotel is spaced out.

#### CONVENTION BROCHURE ADS

Show a special sister or friend a little love by recognizing them in the VSC 2021 Convention Brochure at the low cost of:

Quarter Page \$25.00

Half Page \$50.00

Full Page \$100.00

Send your advertisements to Suzanne Smith sbudd84@gmail.com

Make checks payable to ESA 2021 VSC Convention

Mail checks to Sandy Reed, 22 Dayton Circle

Fredericksburg, VA 22406

Your Convention Committee appreciates your support.



## That's Entertainment! 2021 VSC Convention May 21 - 23, 2021

Clarion Hotel & Suites Convention Center 2801 Plank Road, Fredericksburg, VA (540)786-8321 or (800)682-1049

Room Rate: Single or Double Queen: \$85.00 + 11.3% tax

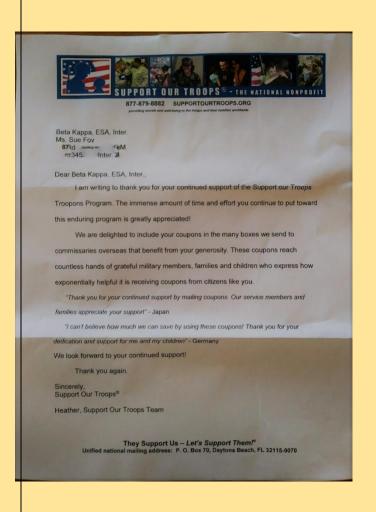
Make reservation directly with hotel under Virginia State Council of Epsilon Sigma Alpha Int'l by April 30 2021

Int'l by April 30, 2021.	
Name	Chapter
	City/State/Zip
	Email
Non-member/Guest	<del></del>
Current VSC Elected Officer	Voting Delegate
Chapter President	Member-At-Large
First Convention	
Convention Registration Member	\$ 130.00 \$
Convention Registration Member Non-member/Guest	\$ 80.00 \$
Postmarked after May 14, 2021	\$ 20.00 \$
Tot	tal Enclosed: \$
Banquet). The registration fee for 1	ncludes 3 meals (Friday night, Saturday Lunch and Saturday non-member/guest includes 2 meals (Friday night and res include breakfast tickets per person per room per night.
Food Allergies?	<del></del>
Make check payable to: ESA 202 to: Sandy Reed, 22 Dayton Circle, Fr	1 VSC Convention and mail check and registration form redericksburg, VA 22406
For questions please contact: Sandy Reed (540) 373-4664 <u>reedsr</u> Doris Hood (703) 491-5078 <u>hooddo</u>	



What a great time to support our troops.

For our Veterans returning to the public sector for work, think about supporting TECH FOR TROOPS. This organization refurbishes computers to help and train our veterans.



#### Ginny Hatchell - Ginny Hatchell @gmail.com



If you are just sitting around the house, and want to support our troops, clip coupons.

Beta Kappa thanks
Sue Foy for her tireless
efforts with this program.

## Chapter News...

## Beta Kappa – Virginia Beach Deana Renn

Beta Kappa is welcoming the warm weather, sunshine, and the overall beauty God has shown us! The last couple of months during our zoom meetings we have had some laughs! Everyone was assigned a letter of the alphabet, had to find 5 things in their home that started with that letter, and we played Mad Lib with a script just for ESA. Creativity is not lacking in this group for sure! We have also had the honor of 2 guests joining us this spring on zoom to learn all about ESA and Beta Kappa. Valentines gave us a great opportunity to stock a local church pantry with love and food. Lou Ann Wyer can stretch a dollar farther than anyone! The excitement is in the air for our first in person meeting coming in May!

## Beta Sigma Chapter-Richmond Margaret (P-Nut) Schools

Hello everybody and happy Spring. Just a little backtracking in pictures to let you see what we have been doing these last few months (while in constrictions.) A fantastic and fun Educational, Social combined with our Yard Sale for Easter Seals. Director Lynne ran the show, members dressed in yard sale goods and we ate delicious stew after it was all over.







In November we took a day trip to the country, down Rt. 5, to a little country store and toured the countryside. Made a stop back in historic Petersburg for lunch at the Crpker Spot







Susan delivered over \$800.00 worth of equipment to donate to this worth organization...Richmond, VA VETERAN WORKFORCE TRAINING
Tech for Troops is the fastest growing national non-partisan veterans organization bridging the digital divide. We provide in need veterans and children of veterans with free, refurbished computers and opportunities to partner with businesses that provide training and networking experience.



Our annual Super Bowl Party at the home of Marie and Doug LaDuke is a great treat when we have been "locked in" for a while. Great food, good company and a very good game.







March 5,6,7 we had a wonderful Craft Girls weekend at Gwynn's Island at a beautiful riverside home of Lynne Rightmyer.. We made baby receiving blankets to donate to a worthy cause. In addition to eating wonderful food, a few adult beverages,

just catching up with what everyone has been going through this last year, eating out on Sunday morning before heading home. We had 8 ladies attending either for all or part of the weekend. The only thing missing was warm sunshine.

Checkout our pictures from the weekend...

How do we start??



Lynne inspects the iron. threaded.







Lots of hard work but a great accomplishment and final product.





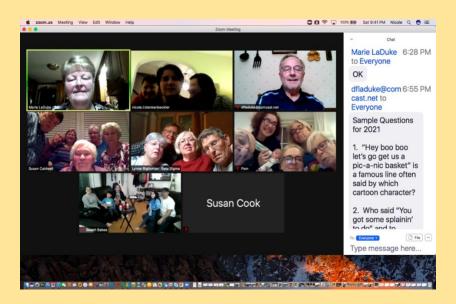






# Join the fun with Beta Sigma Chapter for Trivia Night 2021 by ZOOM

Proceeds to benefit ASK (Childhood Cancer Foundation) in Richmond and Special Love (Camp for Children with Cancer, Survivors and their Families) in Front Royal, VA.





Lots of fun for our State Project.

# Beta Tau-Woodbridge Sandy Reed

At our Business Meeting on January 25<sup>th</sup> Edna had a Scottish luncheon. She served Fish & chips, Scotch Eggs, scones with lemon curd, and Cranach strawberry and cream dessert. The table was decorated with a tartan tablecloth and a MacFarlane Clan emblem of which Edna is a member. An educational on Scotland was presented.



Our business meeting in February was on the 15<sup>th</sup> and Doris had Russian luncheon. She served Beef Stroganoff and a Russian Apple Cake for desert. Doris gave us facts about Russia for our educational. We also gave each other Valentine Cards and Candy to celebrate Beta Tau's 51<sup>st</sup> anniversary.

Cathy, Edna & Doris with their Valentines





## GAMMA PI - Staunton Beverley M. Wright

IT IS FINALLY SPRING! That puts a smile on my face. I know we are still working our way out of this pandemic with masks and social distancing still the norm, but I do feel more optimistic than I did 2 months ago.

All of Gamma Pi has been vaccinated! That in itself makes us feel a bit more in control. We have met for lunch, decided on our Philanthropic donations, and become involved in making life for the assisted living residents of Gypsy Hill House a little brighter. This is a facility where most of the residents are well below the poverty level so we provided small bags of goodies and cards of encouragement for Valentines and St. Patrick's Day. For Easter, we decided to provide a hot lunch of roasted pork loin, mashed potatoes, green beans, rolls, and brownies which were delivered to them on Good Friday. They are most appreciative and we plan to start playing bingo once the restrictions are relaxed a bit more. Finding this need in our community has really helped us feel as if we are doing something positive in these dire times.

I can't tell you how excited Brenda and I are with the relaxing of restrictions which will make it possible for us to attend the VSC Convention in Fredericksburg in May. Even with the additional restrictions in place, the opportunity to actually see one another and have a conversation is something to look forward to!

Until then ... Gamma Pi (Brenda, Amanda, and Beverley)

Filling bags with St. Patrick's day treats!



Easter lunch preparation!



# Sigma Chi - Roanoke Lynn Keffer

Just a brief note to provide proof that Susie and I met with Alex Barge, Camp Easterseals guru, to give him the VSC contribution of \$475.00 on March 9, 2021.

Sigma Chi is pleased to share that we have had our vaccines and are looking forward to the VSC Convention next month.

