



LAMPLIGHTER

VIRGINIA STATE COUNCIL

CREATING A CULTURE OF

DIGNITY

VSC

ESA

RESPECT

2022 - 2023

KINDNESS

news & updates

April 2023 | Spring Issue



Upcoming Events

***May 16-21, 2023**

VSC Convention,
Harrisonburg, VA

Important Websites

ESA-Virginia.com

Epsilonsigmaalpha.org

Espilonsigmaalpha.org/about/ESAFoundation



From Your Editor

It's finally Spring and the sun is brighter along with



the flowers! I look forward to seeing everyone at the ESA-VSC Convention in just a few short weeks.

1st Vice President - Priscilla Browning

Easter is here and we will be celebrating the Resurrection of our Savior and getting together with family and friends, but most of all we will be in our local churches and worshipping as our faith leads us.

I cannot believe that State Convention is just around the corner. I am so looking forward to it and the plans that have been made for the celebration.

There are still positions to be filled. Please prayerfully consider stepping up and taking on a position on the Virginia State Council, especially if you have been thinking about it, but have not done so.

Looking forward to seeing everyone on May 19.
God Bless You All.

2nd Vice President - Marie LaDuke

According to the Chapter Status Report that I get from ESA Headquarters, as of March 31, 2023, Virginia's membership numbers total 225. Of 225, Delta Psi at JMU has 24 members on roll, Delta Psi at VT has 48 and there are 57 MALs listed. That leaves 96 traditional members in our state. We **must** grow our membership in order for our organization to survive. During the year I have given you several ideas for recruitment socials. I hope your chapter has tried some of them or others that can be shared with the membership. If your chapter has had some success, please let me know what you did by the 1st of May. I look forward to hearing from you.

Parliamentarian - Nicole Lewis

There are several Bylaw Changes proposed to be voted on at Convention. Please click on the tab below to review the full list of proposed changes.

2023 ESA-VSC Proposed Bylaw Changes

Jr Past President - Mindy Boyd

Greetings from your Jr. Past President,

I was hoping to say Happy Spring, but it was so cold here in Midlothian this morning. I am having to bring my plants in as we did have frost on the deck this morning, but I understand the rest of the week looks good, so HAPPY SPRING!!!

I am so proud of our state and the donations we give to the various charities and my goal this year for the disaster fund has over exceeded my goals. I reported this at our Spring meeting, but I have received additional checks. I am proud to announce that 14 of 16 chapters have donated with a total amount to date is \$1,850.!!! (Please pat yourselves on the back)

Two reminders to each chapter:

A. Need your outstanding chapter President ward forms sent to me ASAP, have only received one and I know there are some great chapter presidents out there.

B. Please remember to send me your additions for state and chapter positions for our policy and procedure book as this again is what the president's workshop will be about at Convention.

Association of the Arts - Pam Cook

ESA Virginia Members have talent, I know you do!

Do you paint, draw or sculpt? Take pictures? Do you knit or crochet? I know for a fact some of you quilt? Are you attending the State Convention? If not, is someone in your Chapter (who will be responsible for delivering and picking up your item)?

The Association of the Arts is looking for you!! The form is on the website if you need the address it is: [**https://esa-virginia.com/bylaws-forms/#FORMS**](https://esa-virginia.com/bylaws-forms/#FORMS)

All Entry Forms are due by April 15th for your item to be judged at the May State Convention. *If you are submitting Literature (poetry, short story or humorous essay) those articles are due with the form submission on April 15.

Questions?

Send me an email gogopam1@msn.com or send me a text or call 804-312-7279. If you text tell me who ya are, if ya call leave a message if I don't answer.

ESA for St Jude - Susan Caldwell

CONGRATULATIONS!!

At the Spring VSC Meeting, we celebrated the contributions to the \$50 for 50 Project for St. Jude. Nine (9) VSC Chapters contributed to the project for a total of \$2,800. Wow!

DREAM HOME CAMPAIGNS

The campaigns are underway! There will be three (3) Dream Homes—Central Virginia, Richmond, and Hampton Roads. ESA members will staff the Ticket Offices as always!

ST. JUDE WALK/RUN 2023

The Williamsburg Event will be a virtual event in September, National Childhood Cancer Month. You can participate individually or as a chapter. Check out the St. Jude Website for details.

ST. JUDE MONIES REVEAL AT CONVENTION

Plans are underway for the Reveal on Saturday night and the total will be awesome! Don't miss it!

Alpha Nu Chapter Chapter - Theresa Morris

Alpha Nu has had another outstanding year, keeping in touch, supporting our community, and staying in touch. We appreciate being able to have our meetings on Zoom, and were happy to meet in person, at Pat's house at the beginning of the year.

Several of us look forward to seeing you at conventions in May. Here's to another wonderful year.



Alpha Omega Chapter - Jane Parrish

In December we brought two bags each of items for the needy who live alone - men and woman. Then every other month we provided two food items for those needing food to be refrigerated and picked up.

Our programs lately have been Jill Donnelly leading us in chair yoga, Carly Stoliker of N. W. Works, Inc. talking to us about all the activities planned for the clients, and Billie Clifton of the Sunflower Cottage in Middletown given a talk on the herbs they plant followed by a wonderful luncheon including the herbs in a lovely setting with tablecloths and hot tea.

In December we had a Christmas luncheon at the Village Square Restaurant with the Thieve's gifts. In March we had a Crazy Bridge and game afternoon after serving a lunch. Because we are low on husbands, we have been eating lunch out after our Saturday meetings.

In January I sent \$ 300 to St. Jude from my IRA and notified Headquarters that 6 \$ 50 each was given to St. Jude from Virginia. We work at our C-CAP program for the needy every month to help others. We went to the Braddock St. United Methodist Church for a chili dinner which supported the Henry and William Evans home for children with our dinner cost and tips. With our country ham sandwich fundraiser, we raised money to give to three charities - Winchester Rescue Mission, the Laurel Center for abused people. and our Special Olympics group.

We love ESA and want to help others.

Beta Kappa Chapter - Deana Renn

Beta Kappa has had an amazing winter and ready to hop into Spring! We had the honor of sponsoring a family of 3 at Christmas and boy did we deliver some Christmas cheer! We were also able to contribute a carload of goods to a local food pantry



In January, we had our annual Souparama, where everyone brought a warm and savory soup to share. February brought us our Galentines celebration which was topped off with an Ice Cream Social and bags of snacks and toiletries to be donated to the USO lounge at Norfolk International Airport. Our March meeting, we dined at The Prince Tea House, and enjoyed trying new and interesting teas, drinks, and foods.



Each month we continued to build the house that Beta Kappa Built. We have added windows, lights, and took a dive into the interior design we would each choose for our Beta Kappa House. Each of the components added to the house that Beta Kappa built ties back into how these are a symbol for our lives and how we can each make an impact to those we love and the communities we serve.



Beta Sigma Chapter - Pam Cook

Happy Spring!! Beta Sigma is always on the move. Trivia was the name of the game in January for the VSC State Project. We are always up for the challenge. Marie and Doug are amazing Quiz Masters.



Beta Sigma keeps a monthly date with the Chesterfield Food Bank Outreach. We bear the weather for this amazing program that provides fresh, nutritious food and non-perishables to thousands of clients each week at 7 distribution locations in Chesterfield County, VA, and surrounding communities. We follow the distribution with Brunch at Joe's Inn of Bon Air.



February we would be remiss if we did not have a Souper Super Bowl Party. Wagers were made and food was shared.

In March some of us journeyed to Harrisonburg for the Spring VSC Meeting. Marie, Susan, Mindy (Alpha Nu) and I made a few stops along the way sampling the Cider and Wine that the Charlottesville Area had to offer. Judy and P-Nut also made their way to join the meeting. We met up with many folk from the VSC for dinner for fun and fellowship on Friday. It is always great to see our sisters from around the State.

In April we are continuing to do what we do. Getting ready for New Adventures!!!!

Beta Tau Chapter - Sandy Reed

On January 22, 2023 Doris and Edna travelled to the Riverside Dinner Theater for the Performing Arts in Fredericksburg, Virginia, to meet up with Sandy, Pat and Jim Holtsclaw and Martha McCaslin, to see Jimmy Buffets "Escape to Margaritaville." The show was a comedy entertainment. The music and the food was outstanding, and enjoyed by all.



Beta Tau has a tradition of exchanging valentine cards and candy on Valentine's day. We also celebrated Beta Tau's 53rd anniversary. Since we only have three members, we continue with this tradition. This year at our February 13th business meeting, we exchanged valentine cards and candy, although this year, Doris went outside of box, and gave each of us an Amish Cinnamon bread loaf.

We celebrated St. Patrick's Day after our business meeting on March 20th, 2023. Our meeting was at Sandy's home, where she served corned beef and cabbage, with potatoes, carrots, and Irish Soda bread. Sandy served Key Lime Pie for dessert.



Doris and Sandy attended the VSC Spring Meeting on March 25th in Harrisonburg, VA. They travelled up on Friday and met with Pat & Jim Holtsclaw. Jim drove them to dinner at the Cross Keys Vineyard Friday night along with other ESA Virginia sisters.



On Saturday Doris and Sandy went to the VSC Spring Meeting at the Vision of Hope United Methodist Church in Harrisonburg, VA. Forty four VSC members attended the meeting.



At our March business meeting Beta Tau elected the chapter officers for the 2023-2024 sorority year. However, since Edna is having health problems, installation will be delayed until she knows if she can handle the job of Chapter President for 2023-2024.

Looking forward to seeing our Virginia ESA sisters at convention.